



Health & Financial Wellness 2020 Virtual Conference

To our AFT, Local 1521 Members,

As we continue to navigate this unprecedented time for health, education, and humanity, AFT 1521 remains dedicated to supporting you to the highest standards. Your health and safety are our most important priorities. After much consideration, we have chosen not to host our annual conference in person this year. Instead, we are exploring ways to evolve the event and expand our reach virtually to include more of our membership as we remain focused on our Health and Financial Wellness through the COVID-19 pandemic.

This is for full and part-time faculty – newly hired, retired or somewhere in-between. Join us! This day is open only to AFT 1521 members – if you're not sure you are an AFT 1521 member, please contact Reyna Gonzalez at rgonzalez@aft1521.org.

Stay safe and well,
AFT, Local 1521 Executive Officers

2020 Conference Highlights

Friday, September 18, 2020
Friday, September 25, 2020

Join us for informative workshops on either Fridays, Sept. 18th or 25th - starting at 9 am with General Session. The agenda shown below will be presented on Day 1 and Day 2. You are encouraged to attend the date(s), morning or afternoon session, of your choice. You may attend either session on different days.

Step 1 – Review the agenda

Step 2 – Select the session(s) you prefer

Step 3 – Click REGISTER NOW button to sign-up on both or either day.

Day 1: September 18, 2020

Time	Session Title/Topic	Speaker(s)
General Session		
9:00 AM – 10:00 AM	Welcome Introductions Important News & Information	Joanne Waddell William Elarton-Selig Sharon Hendricks
Morning Session (Concurrent Sessions)		
10:00 AM – 11:45 AM	Smart Money Moves for your CalSTRS Pension (For all Faculty)	Sarineh-Khanbabaei (CalSTRS) Amy Chung (CalSTRS)
10:00 AM – 11:45 AM	Benefits that Matter Most to New Full-Time Faculty (5 years or less in LACCD)	Sonya Sanders, LACCD Health Benefits Unit
10:00 AM – 11:45 AM	Get the Most out of Medicare & Your Anthem Health Plan (For retirees and faculty within 5 years of retirement)	Wendy Franco, (CalPERS Anthem Blue Cross) Leon Marzillier (President, Emeritus Chapter, AFT 1521) Fay Dea, (Emeritus Chapter member, AFT 1521)
Return to Main Session		
11:45 AM – 12:00 PM	Workshop Survey Raffle Prizes	AFT 1521 Faculty Guild
12:00 PM – 1:00 PM	RESOURCE TABLES	Various Health Plans and Retirement representatives
Afternoon Session (Concurrent Sessions)		
1:00 PM – 2:45 PM	Back to Basics with Adjunct Health Benefits & Retirement Options (For Adjunct Faculty)	Sonya Sanders, Health Benefits Unit Jennifer Helfend-Gomez, CalSTRS Jessica Saint Paul (Adjunct Faculty Committee Chair) Picolya Robinson (AFIC member)
1:00 PM – 2:45 PM	Smart Money Moves for Creating a Secure Retirement with CalSTRS Pension 2/403B Investments (For All Faculty)	Arjuna Singh (CalSTRS) Kevin Kirkpatrick (CalSTRS)
1:00 PM – 2:45 PM	Get the Most out of Medicare & Your Kaiser Health Plan (For retirees & Faculty within 5 years of retirement)	Julie Brady & Sunny Smith, CalPERS Kaiser Permanente) Leon Marzillier (President, Emeritus Chapter, AFT 1521) Fay Dea, (Emeritus Chapter, AFT 1521)
Return to Main Session		
2:45 PM – 3:00 PM	Workshop Survey Raffle Prizes	AFT 1521 Faculty Guild

3:00 PM – 4:00 PM

Emeritus Meeting

Leon Marzillier (President),
Emeritus Chapter, AFT 1521

REGISTER NOW >



Day 2: September 25, 2020

Time	Session Title/Topic	Speaker(s)
General Session		
9:00 AM – 10:00 AM	Welcome Introductions Important News & Information	Joanne Waddell William Elarton-Selig Sharon Hendricks
Morning Session (Concurrent Sessions)		
10:00 AM – 11:45 AM	Back to Basics with Adjunct Health Benefits & Retirement Options (For Adjunct Faculty)	Sonya Sanders, Health Benefits Unit Jennifer Helfend-Gomez, CalSTRS Jessica Saint Paul (Adjunct Faculty Committee Chair) Picolya Robinson (AFIC member)
10:00 AM – 11:45 AM	Smart Money Moves for Creating a Secure Retirement with CalSTRS Pension 2/403B Investments (For All Faculty)	Arjuna Singh (CalSTRS) Kevin Kirkpatrick (CalSTRS)
10:00 AM – 11:45 AM	Get the Most out of Medicare & Your Kaiser Health Plan (For retirees & Faculty within 5 years of retirement)	Julie Brady & Sunny Smith, CalPERS Kaiser Permanente Leon Marzillier (President, Emeritus Chapter, AFT 1521) Fay Dea, (Emeritus Chapter, AFT 1521)
Return to Main Session		
11:45 AM – 12:00 PM	Workshop Survey Raffle Prizes	AFT 1521 Faculty Guild
12:00 PM – 1:00 PM	RESOURCE TABLES	Various Health Plans and Retirement representatives
1:00 PM – 2:45 PM	Smart Money Moves for your CalSTRS Pension (For all Faculty)	Sarineh-Khanbabaei (CalSTRS) Amy Chung (CalSTRS)
1:00 PM – 2:45 PM	Benefits that Matter Most to New Full-Time Faculty (5 years or less in LACCD)	Sonya Sanders, LACCD Health Benefits Unit
1:00 PM – 2:45 PM	Get the Most out of Medicare & Your Anthem Health Plan (For retirees and faculty within 5 years of retirement)	Wendy Franco, (CalPERS Anthem Blue Cross) Leon Marzillier (President, Emeritus Chapter, AFT 1521) Fay Dea, (Emeritus Chapter member, AFT 1521)
Return to Main Session		
2:45 PM – 3:00 PM	Workshop Survey Raffle Prizes	AFT 1521 Faculty Guild

REGISTER NOW



2020 Workshop Descriptions

SMART MONEY MOVES FOR YOUR STRS PENSION

Presenter: Sarineh-Khanbabaei (CalSTRS) Q & A support: Amy Chung (CalSTRS)

Are you counting down to retirement? Then this interactive workshop is for you. You'll learn: how to calculate your monthly retirement benefit. The options you can choose if you want to provide a lifetime monthly benefit to your survivors. Your choices for receiving the funds in your Defined Benefit Supplement account. How to complete your Service Retirement Application.

BENEFITS THAT MATTER THE MOST TO NEW FACULTY

Presenter: Sonya Sanders, CEBS / Health Benefits and Andrea Lim (DB Contributions)?

This is the orientation you've been hoping for! Step by step details about the array of available employee benefits, including pension, health plans, supplemental retirement options, health reimbursement accounts (HRA) and flexible spending accounts.

GET THE MOST OUT OF MEDICARE & YOUR ANTHEM HEALTH PLAN

Presenters: Wendy Franco (CalPERS), Leon Marzillier (President, Emeritus Chapter, AFT 1521), Fay Dea (Emeritus Chapter member, AFT 1521)

This workshop will address how the two major PERS PPO health plans supplement Medicare, acting as secondary insurance to Medicare. What are the Medicare approved services and supplies? What are the different services and supplies each plan offers? Which is the best plan for my needs? Get the latest information on plan premiums for LACCD Retirees. This workshop provides essential information for retirees and those planning to retire within the next few years.

BACK TO BASICS WITH ADJUNCT HEALTH PLANS & RETIREMENT OPTIONS

Presenter: Sonya Sanders (LACCD)/Jennifer Helfend-Gomez (CalSTRS)/Jessica Saint Paul AFIC Chair & PicoIya Robinson AFIC member

Learn about the LACCD district's group health benefits program including eligibility, medical, dental, and vision options, costs, and upcoming 7improvements. Also learn about adjunct retirement options within the LACCD and how CalSTRS Defined Benefit and Cash Balance plans work.

SMART MONEY MOVES WITH YOUR STRS PENSION & 403B INVESTMENTS

Presenter: Arjuna Singh (CalSTRS) Q & A support: Kevin Kirkpatrick (CalSTRS)

Looking for a smart way to save more for your future? Pension 2, CalSTRS' supplemental savings program offers low-cost 403(b), 457(b), Roth 403(b) and Roth 457(b) plans to help you close any gap between your benefit and your goal. You'll learn: Why it pays to start a 403(b) or 457(b) account

sooner rather than later and how Pension 2's Easy Choice Portfolios can simplify your investing decisions.

GET THE MOST OUT OF MEDICARE & YOUR KAISER HEALTH PLAN

Presenter: Sunny Smith & Julie Brady, Fay Dea (Emeritus Chapter member, AFT 1521)

This workshop will address how the Kaiser Medicare Advantage health plans supplement Medicare, acting as secondary insurance to Medicare. What are the Medicare approved services and supplies? What are the different services and supplies each plan offers? Which is the best plan for my needs? Get the latest information on plan premiums for LACCD Retirees. This workshop provides essential information for retirees and those planning to retire within the next few years.

Emeritus Meeting (For retired faculty)

Presenter: Leon Marzillier, Emeritus Chapter President

Retired and active faculty are invited to attend the Emeritus Chapter meeting. Meet the officers and members of the Chapter and find out the benefits of retirement. Presenter: Leon Marzillier, Emeritus Chapter President